

**MINUTES OF THE
BI-STATE REGIONAL COMMISSION**

Wednesday, May 22, 2024, 3:30 p.m.
Rock Island County Office Building
1504 Third Avenue, Third Floor County Board Room
Rock Island, IL

MEMBERS PRESENT: Breeden – Chair, Adams, Beck, Brunk, Callaway-Thompson, Davis, Dawson, Heninger, Lack, Limberg, Maxwell, Mendenhall, Mielke, Paustian, Roethler, Sorensen, Thoms, Volkert

MEMBERS ABSENT: Bark, Dunn, Freeman, Gallagher, Mather, Matson, McNeil, G. Moore, R. Moore, Newton, Parker, Rayapati, Schloemer, Stoermer, Thompson

OTHERS PRESENT: Nicole Carkner, Quad City Health Initiative; Kelly Krell, City of Riverdale Clerk

STAFF PRESENT: Bulat, Grabowski, Henderson, McCullough

Chair Breeden called the meeting to order at 3:34 p.m.

1. Approval of the April 24, 2024 Minutes. Mayor Dawson motioned to approve the minutes of the April 24, 2024 meeting as presented. Ms. Mendenhall seconded, and the motion passed unanimously.
2. Treasurer's Report. Mr. Maxwell presented the Treasurer's Report for the month ending April 30, 2024, noting an ending total bank and book balance of \$369,244.24. Mr. Maxwell moved the report be accepted as written and mailed. Mr. Beck seconded the motion, and it passed unanimously.
3. Finance and Personnel Committee.
 - a. Bills. There were no bills to present.
 - b. Report on Progress on Commission's FY 2023-24 Program Budget as of April 30, 2024. Mayor Thoms explained the Program Budget Status Report was distributed in Commission members' packets. The Commission is 83% through the fiscal year with 44% expended and within budget.
 - c. Contracts/Grants for Consideration. There were no contracts or grants for consideration.
 - d. Consideration of Recommended FY2024 Proposed Revised Commission Planning Budget. Ms. Bulat reported the Finance and Personnel Committee reviewed and recommended the proposed revised FY 2024 Commission Planning Budget.

Mr. Beck motioned to approve the Revised FY2024 Program Budget as presented, and Ms. Mendenhall seconded. The motion passed unanimously.
 - e. Presentation of Recommended FY2025 Commission Planning Budget. Ms. Bulat reviewed the draft FY 2025 Budget as recommended by the Finance and Personnel Committee. She reported dues for Bi-State's member governments will increase 3% and had not increased for nine years. Dues are used to match federal and state grants, and provide regional programs and technical assistance. Continuation of the merit performance review program, with a projected average of 2.5%, is recommended along

with a 3.0% across the board annual wage adjustment. A new staff position is proposed in the budget at pay grade 8 to assist the Executive Director and Deputy Director, increasing depth in management. This is a strategic hire for succession planning.

The budget will lay on the table and be considered for approval at the June 26, 2024 Commission meeting, and the line item budget and dues pages are sent to all member governments for review.

- f. Consideration of Purchase Through Bid of Two Vehicles for Bi-State Staff for up to \$40,000 Per Vehicle. Ms. Bulat noted that the Finance and Personnel Committee discussed purchasing two new vehicles on the state bid, but since there were no vehicles available, Bi-State staff will look at getting the vehicles on a local bid. The vehicles would be mid-sized, American-made, and hybrid if possible. Ms. Breeden questioned if the vehicles had to be hybrid, and Ms. Bulat said not if that's not available, but Bi-State did purchase hybrid vehicles on the last two bids. The bid opportunity is going to be sent throughout the bi-state region.

Mayor Thoms motioned to approve the purchase of two new vehicles for Bi-State staff as discussed, and Mayor Limberg seconded. The motion passed unanimously.

4. Consideration of Resolutions Supporting the FY2024 Quad Cities and Region 9 Transportation Planning Work Programs (TPWPs). Ms. McCullough presented drafts of the FY2025 Transportation Planning Work Programs (TPWPs) for the Quad Cities metropolitan planning area and the area serving rural Scott County, and Muscatine County known as Region 9. These documents contain the planned activities and budget for transportation efforts conducted by Bi-State Regional Commission staff in the coming fiscal year. The budgets are incorporated into the overall agency budget. The Quad Cities MPO effort is a total of \$1,489,305 utilizing \$1,191,444 in federal transportation planning dollars including carryover from Illinois planning funds from FY2024. The Region 9 effort is a total of \$73,566, which includes \$58,853 in federal transportation planning dollars.

The U.S. Department of Transportation (DOT) has put forward 8 Planning Emphasis Areas (PEA) to frame the locally-derived transportation planning activities, and mentioned last year. For the MPO, there is an additional requirement to set-aside 2.5% of the transportation planning dollars for work related to Complete Streets. The federal amount for the set-aside for Iowa is \$7,590 while Illinois is handling the set-aside at the state level. The MPO activities will include development of a traffic safety summit as part of the traffic safety action plan, programming of transportation funds, and oversight of two consultant studies related to traffic safety, and corridor planning. Region 9 activities will include updates to the annual work program and transportation improvement program, programming of transportation funds, trails/transit assistance, and focused revisions of the regional Muscatine County Trails Plan.

The MPO and Region 9 Transportation Policy Committees review the work program activities, while the Commission approves the budgets and ability for staff to facilitate contracts with the DOTs. Commissioners approved the budgets and ability to execute contracts accordingly.

Mr. Maxwell moved approval of the resolutions to authorize application of the federal transportation planning grants and execute the respective grant agreements as presented. Mr. Heninger seconded, and the motion carried unanimously.

5. Quad City Health Initiative Presentation. Ms. Carkner began by defining health as a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity (World Health Organization). She noted that the Quad City Health Initiative (QCHI) was formed in 1999 and is a cross-community partnership to create a healthy community. The vision states: “QCHI will be our community’s recognized leader for creating collaborative action on health.”

Occurring every 3 years and dating back to 2002, a systematic, data-driven assessment of health status, behaviors, and needs is conducted in Muscatine, Scott, and Rock Island Counties to provide a barometer on residents’ health and wellness. Partners work together to coordinate the assessments that meet the reporting requirements of the health systems and also encompass the 5-year assessment planning cycles of the health departments. Assessment results lead to health improvement plans and actions. The 2024 Community Health Assessment will involve 1,000 random samples using a variety of mediums for sampling in both English and Spanish, comparison with national benchmarks, local trends and secondary data collection.

There are 13 areas of opportunity used from the health assessments to channel targeted work across the partners. As examples, QCHI facilitates Be Healthy QC with an focus on nutrition and physical activity while other collaborations focus on Tobacco Free QC and behavioral health. Be Healthy QC is an information sharing forum working on access to healthy foods, Davenport 5-2-1-0 project, health in all policies, prevention research and technical trainings as well as promotion of QCTrails.org. QCTrails.org received a 2024 River Action Eddy Award for hosting an interactive website with trails information and it promotion.

Ms. Carkner also referenced the Behavioral Health Coalition, a group of 50 community partners convened in April 2019 to support community behavioral health in Scott and Rock Island Counties. Currently the coalition list includes over 160 individuals. A primary function of the coalition is to promote awareness and to tell the community story related to behavioral health. Other functions include measuring coalition progress, providing a platform for innovation, and increasing resources. The coalition includes representatives from mental health, health care, public health, education, business, law enforcement, social services, the VA, philanthropy, emergency medical services, and local governments. An emphasis area is suicide prevention under the Zero Suicide Initiative. The initiative includes a 1,000 day awareness campaign, 100 organizations participation from every sector, and 1,000 citizens to receive suicide prevention training. More information can be found on their Facebook Page facebook.com/QCBHC/.

Ms. Carkner concluded with her contact information and both Facebook and website URLs. It was noted that related to mental health, there are fewer alternatives in the rural areas of the Bi-State Region.

6. Questions or Comments by Commissioners. There were no questions or comments.
7. Other Business. There was no other business.
8. Adjournment. The meeting adjourned at 4:26 p.m.

Respectfully submitted,



Richard “Quijas” Brunk
Secretary