

**MINUTES OF THE
BI-STATE REGIONAL COMMISSION**

Wednesday, September 25, 2024, 3:30 p.m.
Rock Island County Office Building
1504 Third Avenue, Third Floor County Board Room
Rock Island, IL

MEMBERS PRESENT: Brad Bark – Vice Chair; David Adams; Ken Beck; Richard “Quijas” Brunk; Michael Davis; Duane Dawson; Rick Dunn; Lynn Segura (for Reggie Freeman); Robert Gallagher; Ralph Heninger; John Maxwell; Marcy Mendenhall; Drue Mielke; Jazmin Newton; Ross Paustian; Eileen Roethler; Rick Schloemer; Jeff Sorensen; William Stoermer; James Thompson; Rich Volkert

MEMBERS ABSENT: Kippy Breeden; Kimberly Callaway-Thompson; Jerry Lack; Michael Limberg; Nathan Mather; Mike Matson; Dan McNeil; Gary Moore; Randy Moore; Dylan Parker; Sangeetha Rayapati; Mike Thoms

OTHERS PRESENT: Colonel William Parker, Garrison Commander, Rock Island Arsenal; Don Wrenn, Rock Island Arsenal; Ceclia Bailey, Executive Director, Quad Cities Open Network; Richard K. Whitaker, Jr., Ph.D., CEO, Vera French Community Mental Health Center; Scott Barber, Viola Village President

STAFF PRESENT: Denise Bulat, Sarah Grabowski, Gena McCullough

Vice Chair Bark called the meeting to order at 3:31 p.m. and called for introductions.

1. Approval of the August 28, 2024 Minutes. Mr. Beck motioned to approve the minutes of the August 28, 2024 meeting as presented. Ms. Mendenhall seconded, and the motion passed unanimously.
2. Treasurer’s Report. Mr. Maxwell presented the Treasurer’s Report for the month ending August 31, 2024, noting an ending total bank and book balance of \$354,487.70. Mr. Maxwell moved the report be accepted as written and mailed. Mr. Brunk seconded the motion, and it passed unanimously.
3. Finance and Personnel Committee.

- a. Bills. Mr. Beck presented the bills totaling \$26,517.51, as listed on the following bills listing:

Bills List

Rock Island County Treasurer		\$5,345.35
10/2024	Rent	4,841.75
10/2024	Internet Access	88.00
08/2024	Postage	415.60

Addendum

Kaskaskia Engineering Group, Professional Services 8/1/2024 to 8/31/2024	11,757.49
City of Davenport, Reimbursement ICOG 5-2-1-0	9,414.67

Mr. Beck moved approval of the bills totaling \$26,517.51 as presented above. Mr. Stoermer seconded the motion, and it passed unanimously.

b. Report on Progress on Commission’s FY 2023-24 Program Budget as of August 31, 2024.

Mr. Beck explained the Program Budget Status Report was distributed at the meeting. The Commission is 17% through the fiscal year with 14% expended and within budget.

c. Contracts/Grants for Consideration. Ms. Bulat presented the following contract for consideration.

- Contract with Muscatine County Emergency Management Commission to update the Muscatine County Hazard Mitigation Plan. Contract costs will be shared with FEMA, state, and local or in-kind finding for up to \$35,000. Contract time period runs from 10/23/24 through 12/31/25.

Mr. Brunk moved approval of the agreement as presented above. Mr. Davis seconded the motion, and it passed unanimously.

4. Update from the Quad Cities Behavioral Health Coalition: The QC Zero Suicide Initiative and Community Advances in Behavioral Health. Ms. Bailey provided information on the efforts of the Zero Suicide Initiative. She noted suicide is the 11th leading cause of death in the U.S. with 49,476 Americans dying by suicide in 2022. In 2019, the Quad Cities suicide rate exceeded the national average with 16.8 suicides per 100,000 residents compared to 14.5 per 100,000 residents nationally. The Quad Cities Behavioral Health Coalition, which is comprised of over 60 health and human service organizations, began to organize a community approach to promote, train, and engage residents. Their goals include having 1,000 citizens trained in suicide prevention and awareness, conducting a 1,000-day Suicide is Preventable advertising campaign, and engaging 100 organizations in the Zero Suicide initiative. They are targeting all levels of the social system at one time. She noted the training is evidenced based and with a three tiered approach: Tier 1 involves agencies/organizations that have the skills and resources to assess, assist, and treat individuals with suicidal thoughts, actions or behaviors; Tier 2 involves agencies/organizations that screen individuals with suicidal thoughts, actions or behaviors; and Tier 3 involves agencies/organizations, such as churches, health clubs, barbers, etc., that come into contact with individuals with suicidal thoughts. Thus far, they have completed 717 days of the 1,000-day campaign, trained 589 persons in suicide prevention and awareness, and engaged 60 organizations. She noted if an immediate resource is needed, people can dial 988 for professional counselor. For more information on the zero suicide initiative, the website is qczerosuicideinitiative.org.

Mr. Whitaker provided information on clinical treatment innovations in behavioral health for people living with multiple chronic health conditions. He stated that key components of treatment are peer support, lived experience, and training. They are working to help people overcome the stigma and fear of mental illness and makes services accessible. They work to establish an integrated health home involving nurses, family care coordinators, and peer support specialists. He noted being focused on follow-up is very important. Ways for health providers to stay connected between each other in real time notifications of patient admission, discharge, transfer, and contact information will help prevent multiple medications with systemic side-effects and contra-indications. He closed with information on innovative non-drug treatments including Transcranial Magnetic Stimulation and Eye Movement Desensitization and Reprocessing.

5. Questions or Comments by Commissioners. There were no questions or comments.
6. Other Business. There was no other business.
7. Adjournment. The meeting adjourned at 4:24 p.m.

Respectfully submitted,

A handwritten signature in blue ink, appearing to read "Richard H. Brunk", with a long horizontal flourish extending to the right.

Richard “Quijas” Brunk
Secretary